
Intermediate Ballet Intensive 2016

July 5-15, 2016

Welcome to the intensive! We are excited that you have chosen to improve your skills at the BYU Intermediate Ballet Summer Intensive! Parents and participants: Please carefully read the following information regarding the intensive. For questions, call BYU Conferences and Workshops at 801-422-8713.

****IMPORTANT NOTE**** Participants and parents: For updates, including check-in time and location, please check the information packet again online one week before the ballet intensive begins.

CHECK-IN

ALL PARTICIPANTS MUST CHECK IN

Tuesday, July 5, 2016

11:30 a.m.–12:30 p.m.

Helaman Halls, outside David John Hall

Maps for both housing and parking may be viewed on the “Information Packets and Forms” page of our website under the “General Information” link.

- **Lunch will NOT be provided on Tuesday, July 5, at check-in.**
- Parents and participants may park at Helaman Halls during check-in.
- Intensive agendas, meal tickets, T-shirts, and room assignments will be given out during check-in.
- Participants staying on campus should check into the residence halls before orientation.
- **Late arrivals should go to the Cannon Center front desk at Helaman Halls to check in.**

ORIENTATION

Orientation begins at **1:00 p.m.** in room 283 Richards Building (RB) on July 5. If you are staying in campus housing, be sure to take your belongings to your room before orientation. Come dressed for the technique class that immediately follows orientation with dance attire underneath your street clothes.

GENERAL SCHEDULE

Here is the general agenda for the week, except the first day (a detailed agenda will be handed out at check-in):

9:00 a.m.	Breakfast ends
9:30 a.m.	Technique classes
11:00 a.m.	Pre-pointe, pointe or variations
Noon	Lunch
1:30 p.m.	Choreography rehearsals
3:00 p.m.	Modern or Jazz
5:15 p.m.	Dinner and free time with counselors
7:30 p.m.	Counselor activities
10:00 p.m.	Counselor devotional
10:15 p.m.	Head count and bed check
10:30–11:00 p.m.	Lights out!

NON-HOUSING PARTICIPANTS

Non-housing participants may be dropped off (at 9:00 a.m., to do own warm-up and be ready for class at 9:30 a.m.) and picked up (at 5:00 p.m.) each day at the Richards Building NW doors, with the following exceptions:

Tuesday, July 5	Drop-off:	11:30 a.m., Helaman Halls, David John Hall—Check-in (<i>Pickup at 5:00 p.m., RB</i>)
Wednesday, July 6	Drop-off:	8:15 a.m., Richards Building, NW doors—Earlier class (<i>Pickup at 5:00 p.m., RB</i>)
Friday, July 8	Drop-off: Pickup:	9:00 a.m., Richards Building, NW doors 10:00 p.m., Helaman Halls, David John Hall—Pizza Party (dinner provided)
Saturday, July 9	Drop-off: Pickup:	9:00 a.m., Richards Building—Earlier class (Classes 9-11:30 am, 7 Peaks Waterpark 12:30-8:00 pm) 8:00 p.m., Helaman Halls, David John Hall—7 Peaks Waterpark Activity (dinner provided at park)
Sunday, July 10	Drop-off: Pickup:	7:30 a.m., Helaman Halls, David John Hall Temple Square (NO lunch provided) 1:00 p.m., Helaman Halls, David John Hall
Thursday, July 14	Drop-off: Pickup:	9:00 a.m., Richards Building, NW doors 8:00 p.m., Helaman Halls, David John Hall—Closing Banquet (dinner provided)
Friday, July 15	Drop-off: Pickup:	8:00 a.m., Richards Building, NW doors 12:30 p.m., Richards Building, NW doors—Conclusion of showcase

***Note: Unfortunately, non-housing participants are not invited to attend evening dances or counselor activities other than those listed above. Parents should make arrangements to promptly pick up their dancers after class each day as they may not be supervised after that time.**

CHECKOUT

The intensive ends Friday, July 15, at 12:30 p.m. Housing participants may check out of residence halls after the final dance showcase ends, no later than 1:00 p.m. Please check out with your counselor to avoid being charged for linens, keys, etc. Housing for Friday night, July 15, is not included in the intensive package. **Parents:** After checkout time, participants will not be required to have special permission to leave campus. Please make arrangements to pick up your young dancers on time.

BYU Campus Accommodations will bill you \$30 if you lose your key. Please don't lose it!

FINAL SHOWCASE

Friday, July 15, 11:30 a.m.–12:30 p.m., 169 RB

Families of all ballet intensive students are invited to attend a final informal dance showcase. Parking will be available in the residence hall parking lots or in lot 37Y, north of the football practice field and east of Zions Direct (see the BYU Map link under “Information and Forms” on the General Information portion of our website). Youth may leave with their families following the showcase. Those checking out of residence halls will not be dismissed until they have checked out with their counselor.

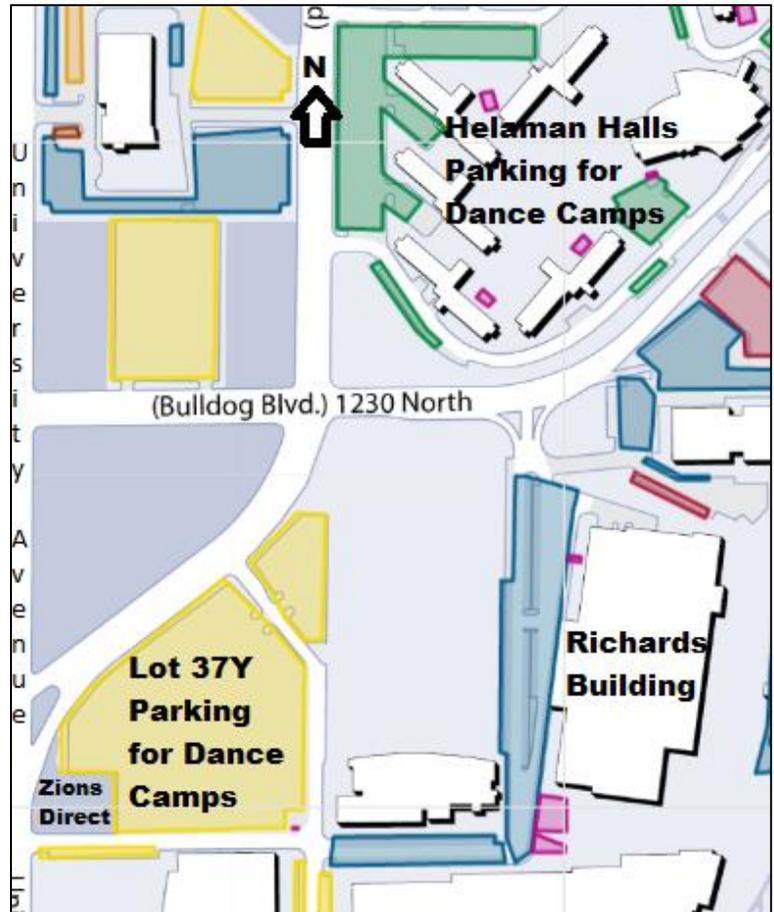
DVD NO LONGER AVAILABLE: Due to copyright issues and privacy of minors, intensive DVDs will no longer be available. **Due to copyright/licensing restrictions, no recordings of the event’s performances should be made available on social media sites.**

FOOD

Cannon Center meal cards for campus housing participants during the intensive cover all meals from dinner on Tuesday, July 5, to breakfast on Friday, July 15. For non-housing participants, included meals are lunches from Wednesday, July 6, to Thursday, July 14, plus dinner on Friday, July 8 and Thursday, July 14. Additional meals may be purchased at the Cannon Center for \$7.25 to \$14.00 per meal. Please keep track of your meal card, which must be presented at each meal.

HOUSING

Campus housing runs Monday, July 6 at check-in through Friday, July 17, at 1:00 p.m. Your residence hall room is furnished with linen, bedding, towels, and a pullout drawer for valuables (padlock must be provided by the participant). It is possible that the height of your bed may be three to four feet above the floor. Since we cannot change the setup of the room, alternate accommodations should be made if this poses a problem. You may wish to bring a light blanket, since air conditioning in the residence halls is on and extra bedding is not provided. Messages can be left for those staying in campus housing by calling the Helaman Halls front desk at 801-422-2034.



BYU Campus Accommodations charges \$30 for lost keys! Lanyards will be provided.

Roommates are assigned two to a room by preference or by age. Overnight counselors are provided on each floor. Each evening will end with a head count, short inspirational thought, and prayer (lights out at 11:00 p.m.). Please be aware that overnight counselors are authorized to enter a youth participant's residence hall room when deemed necessary. For your safety, buildings are locked each night at 11 p.m. and are reopened the next morning at 8 a.m. For youth conferences, they are also locked during the day when the youth are at their program.

There will ***not*** be any early check-in this year. We are sorry for any inconvenience!

CHECKLIST OF ITEMS TO BRING

All Dancers

- Proper support foundation clothing
- Long pants
- Socks
- Tennis shoes
- Swimsuit—make sure swimsuits are modest in fabric, fit, and style; boys, no Speedos; girls, modest one-piece suits. Tankinis will only be allowed if they function as a one-piece (plenty of overlap between the top and bottom pieces so that even during activity the stomach will not be exposed). If your suit is cut too high on the bottom or too low at the top, you may be asked to wear a shirt or shorts over it.
- T-shirts
- Knee-length shorts
- Sweats or knee-length skirts (to wear over dance clothes around campus)
- Sunscreen
- Beach towel (for Seven Peaks)
- Dress pants
- Sweater or jacket
- Money for emergencies such as prescriptions, or for optional snacks, souvenirs, and additional activities
- Padlock (optional)
- Personal items
- Alarm clock

Boys

- White or black ballet shoes with matching socks
- Jazz shoes
- Black tights
- Fitted white T-shirts
- Warm-ups
- Dress shirt, pants, and tie for Sunday services, youth dances (if 14 or older), closing banquet, and performance

Girls

- Modest black leotard that can be used as a basic for the final performance
- Solid-colored leotards—straps should be at least one inch wide. No low backs, spaghetti straps, halters, see-through mesh or lace, or sports-style bras (that can be seen) are allowed. NOTE: Please make sure the backs of your leotards are high enough to cover a normal bra and the straps on leotards are approximately one inch wide. Please be sure fronts are appropriately modest in height.

- Convertible tights, black dance pants for modern
- Pink tights (convertible)
- Black ballet skirt—upper thigh, ties around waist
- Pink ballet shoes
- Pointe shoes (enough to last the two weeks) **only if you are currently on pointe**
- Jazz shoes
- Warm-ups
- Thera-band
- Hairnets, bobby pins, hairspray- ***Hair must** be back off face in bun pinned and sprayed.
- Any other first-aid necessities you may need for feet/blisters/pointe work (Band-Aids, corn pads, Neosporin, toe tape, small scissors, toenail clippers, Epsom salts, jet glue for pointe shoes, etc.
- Dress, or nice blouse and skirt (knee-length or longer) for Sunday services, youth dances (if 14 or older), closing banquet, and performance

Note: Tank tops, sleeveless or spaghetti-strap tops, and shorts/skirts above the middle of the knee are not allowed in the cafeteria or around campus. Outside the studios, dancers should wear sweats or other clothing over their dance clothes when in the cafeteria and walking to and from class. Please remember that leggings are not considered pants. When selecting your wardrobe for the intensive, please make sure your clothing lets you raise your arms above your head without showing your stomach. (Please see the Honor Code link under “Information Packets and Forms” on the General Information portion of our website.)

Items to leave at home: Short shorts/skirts/dresses/shirts, low-rise pants, tank tops, low-back or spaghetti-strap leotards, rollerblades, skateboards, water pistols and squirters, water balloons, fireworks, firearms, and knives. These items are inappropriate to bring to campus and will be confiscated upon your arrival. We also discourage you from bringing media devices, expensive items, and excessive cash. Cell phones and iPods are acceptable but must remain in your residence hall room.

SOCIAL DANCES

Dances combined with the Sports Camps will be held on Wednesday July 6, Tuesday July 12, and Thursday, July 14. These dances are for participants age 14 and older—**no exceptions**. Dancers must be 14 by the day of the dance to be allowed to participate. Alternate activities are provided those evenings for participants 13 and younger. Tuesday dances are informal dress, and Thursday dances are formal (Sunday dress).

Shorts, midriff tops, sleeveless shirts, low-cut blouses and or tank tops are NOT allowed at dances. Participants who are dressed inappropriately according to the BYU Honor Code will not be permitted to attend the dances. (Please see the Honor Code link under “Information Packets and Forms” on the General Information portion of our website.)

SEVEN PEAKS WATER PARK EXCURSION

Bring your swimsuit, your own towel, and sunscreen for an exciting and relaxing trip to Seven Peaks Water Park on Saturday, July 9. Please be generous with sunscreen to avoid burns. The towels provided for housing participants may not leave the residence halls. Please make sure swimsuits are modest in fabric, fit, and style; boys, no Speedos; girls, modest one-piece suits. Tankinis will only be allowed if they function as a one-piece (plenty of overlap between the top and bottom pieces so that even during activity the stomach will not be exposed). If your suit is cut too high on the bottom or too low at the top, you may be asked to wear a shirt or shorts over it.

STANDARDS

Youth attending the BYU Ballet Summer Intensive must maintain BYU standards. Included in these high standards are integrity; respectful language; morality; abstinence from tobacco, alcohol, coffee, tea, and harmful drugs; and modesty in dress. Females are allowed no more than one piercing per ear. All hairstyles should be clean and neat. Extreme hairstyles are unacceptable. Athletic shorts are acceptable only in the PE and housing areas; shorts worn in other areas must be knee-length. No midriff tops, sleeveless shirts, or tank tops are permitted. Dress and grooming standards are strictly enforced on campus. Failure to comply with these standards may result in a request to make appropriate changes and/or dismissal from the workshop. Due to safety and liability concerns, any participant found in or entering campus construction areas will be subject to immediate dismissal (see the Honor Code link under “Information Packets and Forms” on the General Information portion of our website).

SUPERVISION

ALL participants will be assigned a counselor. Counselors supervise all housing and recreational activities. Students are responsible to the counselors during sessions and during free times. Participants should never leave their group or counselor. Students who leave their group and go off on their own are subject to dismissal from intensive. While attending the dancing sessions, participants in this intensive will be supervised by the instructors. However, there may be some situations in which the participants are unsupervised—for example, when walking to the eating areas and during limited free time, although participants are usually in groups during these times. This should be taken into consideration when evaluating the participant’s eligibility to attend this intensive.

SECURITY RULES

- ▶ Do not bring a large sum of money or expensive items.
- ▶ Do not leave equipment and luggage unattended.
- ▶ Do not walk alone on campus or leave campus without an instructor, counselor, or staff member.
- ▶ Non-housing participants: Be sure to coordinate an exact time and place to be picked up by your ride each evening. Please make sure your ride is prompt.
- ▶ Always keep your room and valuables drawer locked (bring your own padlock).
- ▶ Bed check and lights out are 10:30–11:00 p.m. Never leave your room after head count.
- ▶ **Clearly label all personal items you bring to the intensive, including dance shoes.**

Brigham Young University is not responsible for lost or stolen items.

PERSONAL VEHICLES AND PARKING

Participants staying off campus who drive to the intensive may park their personal vehicles in the residence hall parking lots or in lot 37Y, north of the football practice field and east of Zions Direct (see the BYU Map link under “Information and Forms” on the General Information portion of our website).

Those staying on campus who plan to come by car or motorcycle should be prepared to lock their vehicles and leave them parked. (Vehicles may be parked in the residence hall parking lots.) Personal vehicles may not be used during the intensive, and participants must never transport others. Violation of this rule may result in dismissal from the intensive.

To help you enjoy your stay as a guest of BYU, please remember that disability stalls, dean and official stalls, service stalls, red curbs, etc., require special permits. Parking in any of these stalls without the proper permit will result in a parking citation. Please remember that timed stalls are enforced for the time posted.

SHUTTLE TO AND FROM SALT LAKE INTERNATIONAL AIRPORT

Commercial shuttle services are available between the Salt Lake International Airport and BYU. For reservations and pricing, contact Express Shuttle at 1-800-397-0773. For those traveling from the airport directly to the BYU dorms, Express Shuttle offers a small discount.

PARENTAL RELEASE FORMS

Parental Release Forms, including medical information, should have been completed at the time of registration. If you have questions, or need to change your information, please contact our office at 801-422-8713.

INSURANCE

Parents: BYU Summer Camps provides a limited secondary accident insurance policy that may pay excess claims not covered by your primary insurance. Medical expenses incurred due to illness will not be covered. Participants must carry primary insurance during the intensive. Expenses for treatment paid by BYU must be reimbursed to the university no later than **August 31, 2016**.

ILLNESSES AND INJURIES

For minor illnesses, participants may choose to remain in their residence hall rooms or at home. Counselors must be notified in such cases. Parents of participants incurring a serious illness will be contacted to discuss a course of action. If parents or guardians cannot be reached, the sick participant may be taken to the hospital for treatment.

Unfortunately, the dance training facility will not be available to participants. Students will have access to ice and a basic first-aid kit should any minor injuries occur. Major injuries will be handled by the office staff by contacting a parent or legal guardian to determine a course of action. With permission from a guardian, dancers may be transported to a local hospital, emergency room, or clinic, but should not plan on using the dance training facility as they may have done in previous years. Dancers are encouraged to begin strength, flexibility, and nutritional training prior to the intensive to minimize the risk of injury during their stay. Our office must have on file a medical release form that should have been completed at the time of registration. For questions or to update the release form, please contact 801-422-8713.

REFUNDS

Only a participant and his or her parents have the authority to request a refund. A refund (minus \$25 nonrefundable) will be granted for all cancellations requested by 5:00 p.m. on Monday, June 23 (two weeks before the intensive begins). No refunds will be given after this deadline. If the program is canceled, a full refund will be given. The simplest way to cancel a registration is to log into the participant's account online and process the withdrawal. You may also call 801-422-8925 to cancel a registration. BYU cannot be held responsible for any cancellation or change charges assessed by airlines, travel agencies, or other institutions in the event of program cancellation.

For questions about the material discussed above, please call BYU Conferences and Workshops at 801-422-8713. We look forward to seeing you soon at the Intermediate Ballet Summer Intensive!